



CHRONIC DISEASE
PREVENTION COUNCIL

Lots Going On at CDPC and NM ACT!

What's Happening

We are preparing an amazing year at CDPC and NM ACT – Taking a look back at recent past events we hope to recruit new members, and looking forward, we hope to inspire you to immerse yourself in learning something new by attending our upcoming events.

Register NOW for Upcoming March Quarterly Meeting Next Tuesday at 1:00

NASW-NM and CHW CEUs will be offered



March Quarterly Meeting

Psychological Resilience and
Reducing Barriers
within Black Communities

by: Dr. Ryan C. Warner



March 23rd, 2021 1:00 pm – 4:00 PM

Did You Miss our February Lunch & Learn?!

We are very proud of our Heart Disease & Stroke Workgroup who put on two programs in February celebrating *Heart Month*.

CDPC Heart Disease & Stroke Workgroup

The purpose of this workgroup is to reduce the burden of heart disease and stroke in our New Mexico population and create support for individuals who have experienced these conditions. This group is in place to continue Million Hearts virtual presentations and create infographics and other resources that will be useful for encouraging a healthier, happier community.

To join this workgroup contact Apeksha@ChronicDiseaseNM.org. Additional information can be found on the [CDPC Website](#).

Click on the image below to watch our Lunch & Learn sessions.

Welcome to our February Virtual Lunch & Learn Virtual Series:
Heart Disease and Stroke



CDPC puts on Grant Writing Webinar

Grant Writing Done Right! Part 1

Click on the image below to watch the program.



CDPC Presents: Grant Writing Done Right by Jay Blackwell and Kenneth Winfrey



CDPC Grant Writing Workshop Part 1 (Feb 2021 Rev)

CDPC Native American Partnership (NAP) Kicks-Off Their Virtual Nutritional Seminar

The Native American Partnership (NAP) for Health and Wellness is a collaboration of New Mexico tribes and pueblos, CDPC, and New Mexico Department of Health dedicated to promoting health and wellness education to our native communities. NAP is led by volunteers representing 7 different pueblos who provide strategic direction and leadership for tribal community engagement, training opportunities, and our Annual Conference. If you are interested in being a part of NAP to help make a difference in our tribal communities, email Devona@ChronicDiseaseNM.org.

**Visit our
website**

Native American Partnership



for Health & Wellness Promotion

THINKING NUTRITION VIRTUAL SEMINAR AND COOKING DEMONSTRATION



Click on images to watch the presentations!

Nutrition Wellness: An Overview of Healthy Eating Practices

Sarah E Falion MNS, RD
Native American Partnership Committee
March 10, 2021
copyright 2021

**Nutrition Wellness by:
Sarah Falion, MSN, RD**

[Click here for slides](#)



**Mary Silentwalker:
Cooking Demonstration**

[Click here to go to
My Turquoise Spoon](#)



State of the State of Tobacco

Please join us at the NM ACT General Membership Meeting April 20 from 1-3pm for the **State of the State of Tobacco** presented by NM ACT's Evaluation Stakeholders' Workgroup.

Topics covered will include new and emerging tobacco products, tobacco use and prevalence across New Mexico, disparities in tobacco use, and policy changes from the Legislative session.

Register NOW!

***2021 NMACTION Annual Conference
Breathing New Life:
Fostering Resilient Tobacco-Free
Communities***



"Breathing New Life: Fostering Resilient Tobacco-Free Communities"

2021 New Mexico **ACT**ion Conference

May 12th & 13th

Starting at 9:00 AM

The 2021 NMACTion Conference features the theme of

"Breathing New Life: Fostering Resilient Tobacco-Free Communities."

The conference will bring together the community, research, and clinical practice leaders to explore how all three sectors can align to help prevent and treat tobacco addiction. With keynote speakers, breakout sessions, and networking opportunities, the two-day event will continue building a community of individuals who can share experiences and advocate for communities free from the toll of tobacco, including emerging smokeless tobacco products.

The 3 tracks this year include:

~ Nicotine Dependency Treatment

~ African-American Population

~ Policy and Advocacy in Public Health

CEUs will be provided...stay tuned for details and Agenda!

This Year's KEYNOTE SPEAKERS...



Julie Sweetland, Ph.D. is a sociolinguist and serves as a Senior Advisor at the FrameWorks Institute, where she leads efforts to diffuse the organization's cutting-edge, evidence-based reframing recommendations throughout the nonprofit sector. Since joining FrameWorks in 2012, she has led the development of powerful learning experiences for nonprofit leaders and has provided strategic communications guidance for advocates, policymakers, and scientists nationwide and internationally.

[Read more >>](#)



Brad Nieder, MD -

The Healthy Humorist

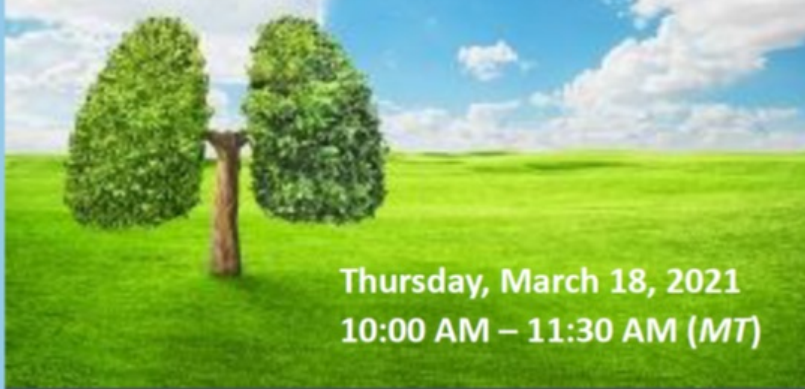
Not the stereotypical motivational speaker, this funny doctor does NOT deliver rah-rah-you-can-do-it-cheerleading and hackneyed acronyms of gobbledygook. That's just not his style. Rather, this conference keynote speaker uses his medical background and sense of humor to engage and uplift.

You will be motivated to change your perspective, lighten up and laugh more. You'll be inspired to choose optimism and increase your level of joy at work and in life ... in short, to be happier! But Dr. Brad won't stop there, though.

[Read more>>](#)

Partner Announcements

Southwest Tribal Tobacco Coalition (STTC) Meeting



Thursday, March 18, 2021
10:00 AM – 11:30 AM (MT)

REGISTRATION:

<http://db.aastec.net/sttc/special-events-and-presentations.html>

Questions or concerns – Email: ryazzie@aahb.org

Special Guest:
Mr. Clinton Isham

*Tribal Relations Consultant, American
Nonsmokers' Rights Foundation
(ANRF)*



Presentation organized via a collaboration between the Albuquerque Area Southwest Tribal Epidemiology Center, Southwest Tribal Tobacco Coalition, & American Nonsmokers' Rights Foundation.

The **Geographical Alliance for Equity in Health (GHEA)** has joined **CADCA's Youth Leadership Networks** and the **Network of Our Voices** to present a Spanish adaptation of the virtual seminar
"The First Steps in Engaging Young People in Tobacco Control"

CADCA **Geographic Health Equity Alliance** **Nuestras Voces (Our Voices) Network**

Próximo seminario virtual en español:
Los primeros pasos en el involucramiento de los jóvenes
en el control del tabaquismo

Inscríbese aquí

Wednesday, March 17, 2021

This virtual seminar will present the necessary foundations for the development of authentic and equitable programs, to mobilize young people with the aim of achieving changes at the population level and the environment in efforts to prevent the use of tobacco and other substances.

Register Here

NEW Free Training from American Lung Association



 Sign In  Register  Support



ALL COURSES



ASTHMA



FACILITATOR TRAINING



INDOOR AIR



TOBACCO

Tobacco Basics



The American Lung Association's Tobacco Basics is a free one-hour online course including five learning modules designed to lay the foundation in understanding the toll of tobacco use in the U.S.

In this course participants will learn the difference between tobacco products, including e-cigarettes and vaping devices; the effects of tobacco use on the human body and brain; nicotine dependence and why quitting is so challenging; proven policies that protect public health from the toll of tobacco; and the programs available to help all tobacco users successfully quit for good.

The American Lung Association's Tobacco Basics course has been recently updated and is now available on-demand. This free, one-hour online course includes five learning modules designed to lay a foundation in understanding the toll of tobacco use in the U.S. including e-cigarettes and vaping devices, the effect of tobacco use on the human body and brain, nicotine dependence, proven policies that protect public health from the toll of tobacco, and the programs available to help tobacco users successfully quit for good.

Register Here

NMDOH

NEW MEXICO DEPARTMENT OF HEALTH

Job Openings!

- Tobacco Use Prevention and Control (TUPAC) Program Director (DOH/PHD #24611) State of New Mexico Albuquerque
- Diabetes and Heart Health Section Section Manager (DOH/PHD #35573) State of New Mexico Albuquerque

Apply Now!



Job Opening!

Youth Field Organizer (YFO) - Rescue provides behavior change marketing services (or "social marketing") to government, non-profit and corporate organizations.

Rescue's current work focuses on tobacco, obesity, violence and alcohol prevention; the promotion of exercise, fresh foods and after school programs; and other products and services that promote healthy living. Rescue's behavior change campaigns focus on diverse populations within teen (13 - 17), young adult (18 - 26), and adult (18+) populations in both rural and urban areas, resulting in a vast array of campaign styles and strategies.

The YFO is a person that is inspired to make change in NM; this person will organize hundreds of HS students across the state and educate students on how

to make tobacco policy change at the state and local level.

Apply Now!

